

Greater Christchurch Psychosocial Committee

The greater Christchurch Psychosocial Committee meets quarterly to plan, coordinate, promote, and monitor the psychosocial recovery and wellbeing of the population of greater Christchurch.



Key activities

Here are a few of the things the Committee worked on during the last half of 2018.

Providing advice.

- Agreed to act as the Greater Christchurch Claims Resolution Service's Wellbeing Advisory Group; participated in Cross-Agency Communications Group.
- Escalated lessons learnt from Free Earthquake Counselling evaluation to DPMC and MCDEM.
- Responded to DPMC regarding psychosocial support for current and future Residential Advisory Service (RAS) clients.
- Presented at DPMC Greater Christchurch Group planning day.

Sharing expertise.

- Contributed to developing the psychosocial lessons learnt presentation for the [Earthquake Symposium](#).
- Submitted on the Canterbury Earthquakes Insurance Tribunal Bill through the CDHB.
- Showcased Shared Programme activities at International Conference on Wellbeing and Public Policy.
- Participated in the Resilience Expo.

Monitoring.

- Received update about the Canterbury Wellbeing Index's launch of the [new platform](#).
- Resumed receiving updates from MBIE on progress of unresolved or re-opened EQC and insurance claims.

Evaluating.

- Received overview of the 'Sparklers' resource [evaluation](#).
- Received presentation on evaluation of free earthquake counselling.
- Notified of Red Cross Canterbury Earthquake Recovery Programme evaluation [report](#).

Seeking clarity.

- Escalated concerns about information gap in monitoring wellbeing of those with unresolved claims.
- Received update about the Community Resilience Partnership Fund.

Evolving.

- The Governance Group is engaged in ongoing consideration of what will be required to enable a shift in focus from psychosocial recovery to wellbeing.

Find out more

Community in Mind Strategy & Shared Programme of Action

www.cph.co.nz/your-health/community-in-mind/

Canterbury Wellbeing Survey

www.cph.co.nz/your-health/wellbeing-survey/

Canterbury Wellbeing Index

www.canterburywellbeing.org.nz

Highlights

- The Earthquake Recovery Symposium provided an opportunity to share lessons about supporting people through disaster. Feedback affirmed lessons about recovery and cascading secondary stressors, and that the session honoured the psychosocial recovery story of people in our region. The presentation can be viewed online [here](#).
- Establishment of the Greater Christchurch Claims Resolution Service (GCCRS) is an important development in helping the thousands of people affected by unresolved claims regain some control over their experience. We look forward to providing wellbeing advice to the new service.
- After a thorough engagement and redevelopment process, we welcome the launch of the new [Canterbury Wellbeing Index](#).

Shared Programme of Action

Thanks to everyone who provided updates to the Shared Programme of Action in the last six months. Your updates are always welcome.

www.cph.co.nz/your-health/community-in-mind/

Presenters

- Evaluation report on Free Earthquake Counselling – Dr Sue Carswell
- Canterbury Wellbeing Index update – Dr Annabel Begg and Kirsty Peel
- Residential Advisory Service (RAS) & Greater Christchurch Claims Resolution Service (GCCRS) – Darren Wright & Ken Pope

Background

The Psychosocial Committee is an interagency group formed in September 2010 to ensure appropriate supports for the population to recover from the earthquakes. We oversee the Community in Mind Strategy's Shared Programme of Action, which includes numerous initiatives, services, and supports. Some activities have clear connections to recovery, like the Residential Advisory Service and the 'All Right?' campaign. Other activities take a broader wellbeing approach and future-focus, such as Whānau Ora Navigators, TimeBank Waimakariri, or Selwyn's 'Meet Your Street'.

In 2018, the Committee met quarterly; in 2019, the Committee will meet every two months in order to fulfil responsibilities as the Wellbeing Advisory Group to the Greater Christchurch Claims Resolution Service. Meetings will continue to focus on surveying the psychosocial landscape to identify emerging or ongoing wellbeing issues within greater Christchurch and how to address these.

Current members of the committee are: 'All Right?', Canterbury DHB (Community and Public Health, Planning and Funding, and Specialist Mental Health Services), Christchurch City Council, Earthquake Commission, Earthquake Disability Leadership Group (now called Christchurch for Everybody), Greater Christchurch Claims Resolution Service, Land Information New Zealand, Mental Health Education and Resource Centre, Mental Health Foundation, Ministry of Civil Defence and Emergency Management, Ministry of Education, Ministry for Pacific Peoples, Ministry of Social Development, New Zealand Red Cross, One Voice Te Reo Kotahi (NGO delegate), Pegasus Health, Selwyn District Council, social services (formerly Earthquake Support Coordination), Te Pūtahitanga o Te Waipounamu – The Whānau Ora Commissioning Agency for the South Island, Te Puni Kōkiri, Te Raranga Inter Church Forum, University of Canterbury, and Waimakariri District Council.

The Psychosocial Committee escalates issues to the Psychosocial Governance Group as appropriate. Governance Group members are: Canterbury DHB, Christchurch City Council, Department of Prime Minister and Cabinet Greater Christchurch Group, Ministry of Education, Ministry of Health, Ministry for Children Oranga Tamariki, Te Pūtahitanga o Te Waipounamu – The Whānau Ora Commissioning Agency for the South Island, Police, Selwyn District Council, and Waimakariri District Council.

